

Community Health Improvement Plan

MyMichigan Medical Center Sault

Chronic Disease

Goal: Provide opportunity for improved health behaviors and prevent chronic conditions

Strategy	Description	Metrics	Internal Departments Involved	Community Partners
Implement and provide Chronic Disease Self-Management Program (explore various programs)	Program for adults with chronic disease, taught by trained facilitators to improve and manage chronic disease	FY23: Identify self-management program and identify facilitators	Community Health Diabetes Center MyMichigan Medical Group	Council on Aging Chronic Disease Self-Management program developers
		FY24: Implement program/workshop, 4 trained facilitators, 60 participants complete		
		FY25: PDCA using FY24 results, 6 trained facilitators, 120 participants complete		
Implement and expand Lifestyle Medicine	Lifestyle Medicine is a medical specialty that uses therapeutic lifestyle interventions as a primary modality to treat chronic conditions	*System-Wide Metric*	Community Health Diabetes Center Employee Wellness MyMichigan Medical Group Rehab Services	American College of Lifestyle Medicine Lifestyle Medicine Pivio
		FY23: Implement pilot year 1: Develop a plan for including Sault employees into year 2		
		FY24: Pilot year 2: expand to community, 4 trained facilitators, 60 participants complete		
		FY25: Continue expansion, plan developed for shared medical appointments.		

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Behavioral Health

Goal: Ensure a comprehensive system of care to meet the behavioral health needs of all

Strategy	Description	Metrics	Internal Departments Involved	Community Partners
Implement "Blue Envelope Program" within MyMichigan Health outpatient clinics in Chippewa County	Design a team S.A.F.E. response protocol (Blue Envelope) for MyMichigan Health outpatient clinics. This protocol will empower staff to quickly activate a patient safety response for a patient who verbalizes thoughts of suicide.	FY23: Train and have 1 MyMichigan Health clinic in Chippewa County actively practicing the S.A.F.E. response protocol and the Blue Envelope program	Community Health Behavioral Health MyMichigan Medical Group Outpatient Services	Sault Ste Marie Area Public Schools
		FY24: Train and have 2 Schools in the Sault service area actively practicing the S.A.F.E. response protocol and the Blue Envelope program		
		FY25: Train and have 4 schools and all practices actively practicing the S.A.F.E. response protocol and the Blue Envelope program and continue to monitor efforts and success of program		
Develop a Tobacco Cessation Strategy	Implement Tobacco Cessation tactics that make it easier for patients and community members to receive counseling and support, and provide information and a channel for providers to refer patients.	FY23: Develop Tobacco Cessation Tips sheet, including resources, contacts and billing codes for tobacco cessation and counseling	Ambulatory Quality Behavioral Health Community Health Epic Team MyMichigan Medical Group	American Lung Association Sault Ste Marie Area Public Schools
		FY24: Implement 2 tobacco cessation programs for patients and community members		
		FY25: Implement N-O-T program in at least one school with integrated facilitators		
Implement suicide prevention training for all staff employed at MyMichigan Medical Center Sault and community members	Make suicide prevention training(s) available for all staff employed at MyMichigan Medical Center Sault and community members by utilizing the LivingWorks and QPR Institute frameworks.	FY23: Develop a plan with education services to provide training for staff	Behavioral Health Community Health Education Services and Development	Community Mental Health LivingWorks Sault Ste Marie Area Public Schools Various Local Businesses/Organizations
		FY24: 25% of staff at MyMichigan Medical Center Sault trained in SafeTalk suicide prevention and partner with 1 school to train staff		
		FY25: 50% of staff at MyMichigan Medical Center Sault trained in SafeTalk suicide prevention and partner with 3 schools and organizations to train staff		

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Access to Care & Social Services

Goal: Improve access to care and social services by increasing access to preventive screenings and removing barriers identified by community members

Strategy	Description	Metrics	Internal Departments Involved	Community Partners
Integrate the use of Community Health Workers	Develop a systematic approach to integrating Community Health Workers into the MyMichigan Health care team. A Community Health Worker is considered a skilled trade public health worker that serves as a liaison between community, health care and public health.	*System-Wide Metrics*	Ambulatory Clinical Quality Care Management Community Health MCCO MyMichigan Medical Group	2-1-1 Northeast Everyday Life Consulting Michigan Community Health Worker Alliance Rural Community Health Worker Network
		FY23: Sustain current CHW program and integrate within Care Management team with CHW supervisor in place		
		FY24: Hire/train 5 more Community Health Workers		
		FY25: Have 15 Community Health Workers on staff		
Increase access to health and wellness screenings within the community	Increase the number of free health screenings and risk assessments offered to the community by MyMichigan Health including: cancer, depression and stroke risk assessments, blood pressure, glucose and cholesterol screenings	FY23: Promote Colorectal Health Risk Assessment and provide cancer prevention and risk assessment education at at least 6 events in the Chippewa County regions	Behavioral Health Cardiology Community Health Diabetes Center MyMichigan Medical Group Oncology	Community Agencies Community Events
		FY24: Promote the Depression Assessment and provide mental health awareness and suicide prevention education at at least 8 events in the Chippewa County regions		
		FY25: Promote biometric screenings (Stroke Risk Assessment, Weight Loss Assessment and Heart Health Assessment and blood pressure, glucose and cholesterol screenings) and provide education on healthy lifestyles at at least 8 events in the Chippewa County regions		

Community Health Improvement Plan approved by the MyMichigan Medical Center Sault Board on October 24th, 2022